

## **MEDICAL EXAMINATION INSTRUCTION**

Before joining your assigned vessel, you are requested to contact one of the following doctors to request an appointment for your pre-embarkation medical examination, that has to be **as per the Norwegian Maritime Directorate form. Please inform the Doctor that the medical exam must be valid for two years from the date of issue, unless medical restrictions apply:**

**DR. IGOR STREINIK**

Medical-Sanitary Centre of Odessa National  
Maritime Academy  
Malovsky Str. 10  
65110 **ODESSA**  
Tel: (00380 48) 728 0692 / 732 4488

**Dr.SVITLANA ANDRIJOVNA PRANIK**

Central Clinic hospital of the Ministry of Health - Protection of Ukraine  
St. Yuria Kotsubynskogo 9  
**KIEV**  
Tel: +380 442166024

**Please explain to the Doctor that you must pass a medical examination as per the Norwegian Maritime Directorate requirements.**

The Doctor will then issue to you the medical certificate, clearly completed, signed and **stamped**. **It is your responsibility to check that the issue and expiration dates, as well as the Doctor's stamp, are clear and readable.**

**Please note that medical certificates without the readable Doctor's stamp and signature or without the specified issue and expiration dates will not be accepted.**

**Medical certificates issued by others that specified above will not be accepted.**

Please remember that you must present your medical certificate to the Crew Office upon joining your assigned vessel.

One copy of the medical certificate must be sent to our office at following address:

**P & O Princess Cruises B.V.**  
**Swiss Branch: P.O. Box 1544**  
**6830 Chiasso (Switzerland)**  
Fax. (+41-91) 682 75 77  
**princesscruises.switzerland@princesschiasso.com**

Please be advised that lacking of such medical certificate will preclude the possibility to embark **and the Ship Management will not accept you on board.**

Thanks for your attention.

P&O Princess Cruises BV.

(Swiss Branch)